

FREED.ORG - CENTER FOR INDEPENDENT LIVING

FREED’s mission is to promote independence and self-determination for people with disabilities through person-driven services, collaborative community partnerships and education, and leadership that advocates for fully inclusive communities.

FREED is a gateway to expanded choices and options at any age.  We have a number of programs centering around issues that arise with aging and disabilities.

We work with you and your family to figure out what you need, know your choices and get connected.

Freed is part of Area Agency on Aging- [www.agencyonaging4.org.](http://www.agencyonaging4.org.) Yuba/Sutter are considered area 4. They can work with needs related to transportation, building of wheelchair ramps, grab bars, meals on wheels, light home repairs, etc.

**FREED Center for Independent Living
435 Sutton Way
Grass Valley, CA 95945**(530) 477-3333 voice
(530) 477-8194 TTY
(530) 477-8184 fax
(800) 655-7732 Toll Free
FREEDGrassValley@FREED.org

**BRANCH OFFICE
1100 Butte House Road
Suite 120
Yuba City, CA 95991**(530) 742-4474 voice
(530) 742-2379 TTY
(530) 742-4476 fax
FREEDYubaCity@FREED.org

Source on **Housing**: <https://freed.org/aging-disability-resources/housing-resources/>

Source on **Affiliate** **Resources**: <https://freed.org/aging-disability-resources/in-home-support/>

Information was collected in February 2019, and will be updated annually. Please contact FREED with updates, discrepancies, etc. at 530-742-4474 Monday through Friday, 8:30am to 4:00pm.  This directory is not to be considered an endorsement by FREED

## Home Repairs/Yardwork

**Craftsmen for Christ**
**Website:** [craftsmenforchrist.org](https://craftsmenforchrist.org/)
**Phone:** (530) 822-7910
**Address:** 1321 Peach Tree Lane, Yuba City, 95993
**Hours:** Tuesday-Friday 8:00am-4:30pm
Assistance for Seniors and the Disabled with Mobility into and throughout the home.

## ****IHSS****

**(IHSS) In Home Supportive Services /Public Authority (Sutter County)**
**Website:** [Sutter County IHSS](https://www.suttercounty.org/doc/government/depts/hs/ihss)
**Phone:**(530) 822-5990
**Address:**1445 Veterans Memorial Circle , Yuba City, CA 95993
In Home Supportive Services (IHSS) is designed to allow persons with significant disability to reside within their own homes by having support for personal care or household needs. Clients of the program need to be recipients of Social Security Disability programs or be Medi-Cal eligible. The amount of services available is dependent upon the level of disability involved.

**(IHSS) In Home Supportive Services (Yuba County)**
**Website:** [ihhsyubacounty](http://www.co.yuba.ca.us/Departments/HHSD/APS/In-Home%20Supportive%20Services.aspx)
**Phone:** (530)749-6471
**Address:** 5730 Packard Ave. Marysville, CA 95901
IHSS provides assistance to those eligible aged (65 and over), blind and disabled individuals who are unable to remain safely in their own homes without this assistance.

## Respite Care

**Tri-County Caregiver Respite**
**Website:**[tricountycaregiverrelief.webs.com](https://tricountycaregiverrelief.webs.com/)
**Phone:** (530) 755-3500
**Address:** 1215 Plumas St #1600 Yuba City, CA
Provides appropriate time-limited care of individuals with developmental disabilities or brain impairments and also persons designated as “at risk.” Most people are referred by another agency such as Alta California Regional Center.  Service coordinators working with families determine that respite care is needed to support the family.

**Del Oro Caregiver Resource Center**
**Website:** [www.deloro.org](http://www.deloro.org/)
**Phone:** 916-728-9333
**Address:** 8421 Auburn Boulevard, Suite 265, Citrus Heights CA 95610
A private nonprofit agency offering services to family caregivers of adults with chronic and disabling conditions or diseases. Respite Care, Family Consultation & Case Management services, Legal/Financial Consultation/ Education & Training
**Eligibility:** a client must be caring for an adult with a cognitive impairing condition that occurred after the age of 18 (for example: dementia, Alzheimer’s disease, stroke, traumatic brain injury, Parkinson’s disease) or caring for someone 60 and over regardless of diagnosis and requiring assistance with two or more activities of daily living. Services are for residents of Alpine, Amador, Calaveras, Colusa, El Dorado, Nevada, Placer, Sacramento, San Joaquin, Sierra, Sutter, Yolo and Yuba counties.

## Registries

**FREED**
**Website:** [**www.freed.org**](https://freed.org/)
**Phone:**(530) 742-4474
**Address:**1100 Butte House Rd. Suite 120 Yuba City, CA 95991
Maintains a registry of independent providers of personal assistance services. Consumers contact FREED and receive the name and phone numbers of people who are available to provide services.

## ****In Home Care Providers****

**Always Best Care**
**Website:** [www.alwaysbestcare.com/ca/roseville](https://www.alwaysbestcare.com/ca/roseville/)
**Phone:** Contact Dan Barbee (916) 884-1983
**Address:** 1406 Blue Oaks Blvd Ste. 175 Roseville, CA 95747
Non-medical in-home care and assistance.

**Comfort Keepers**
Website: [Comfort Keepers](https://marysville-374.comfortkeepers.com/?utm_source=GMBlisting&utm_medium=organic)
Phone: (530) 208-5152
Address: 901 H St. Marysville, CA 95901
Personal Care, Companion Care, Dementia & Alzheimer’s Care, End Of Life Care, 24 Hour Home Care, Respite Care, Transitioning Care

**Freedom Home Health & Hospice**
**Website:** [freedomhhhcare.com](http://www.freedomhhhcare.com/)
**Phone:** (530) 742-4800
**Address:**519 D Street. Marysville CA , 95901

**Blossomridge Home Health Hospice
Website:**[www.Blossomridge.com](http://www.Blossomridge.com)
**Phone:** (530) 777-3395
**Address:**1670 Sierra Ave. Suite 502 & 602 Yuba City, CA 95993
Wide range of healthcare services including personalized home health and hospice care.

**Interim Health Care of Yuba City**
Website: [www.interimhealthcare.comyubacity](https://www.interimhealthcare.com/yubacity/our-services/)
Phone: (530) 673-0300
Address: 508 Forbes Ave. Ste. B Yuba City, CA 95991
Providing care in a home, senior living community or assisted living facility.  Hospice support, respite care or senior care services, residents of Yuba City, Marysville, Live Oak, Gridley, Meridian, Colusa, Maxwell, Williams and surrounding communities.

**Partners in Care**
**Website:** [partnersincare](https://www.picseniorcare.com/)
**Phone:** (530) 268-7423
**Address:**11899 Edgewood Rd Suite O Auburn, CA 95603
Variety of helpful care-giving services including: Companionship, Light housekeeping
Medication reminders,Errands,Laundry,Transportation to doctor’s appointments
Information and referral services,Meal preparation,Dressing,Bath safety monitoring

## Utility Resources

**(HEAP) Home Energy Assistance Program; Community Resource Project, Inc. (CRP)**

**Website:**[communityresourceproject.org/Services/Energy-Programs/HEAP](http://www.communityresourceproject.org/Services/Energy-Programs/HEAP)

**Phone:** (530) 671-7590

**Address:** 367 burns Drive suite #2, Yuba City CA 95991

The Home Energy Assistance Program (HEAP) is a utility payment program that can offer income-eligible residents of Sacramento, Sutter, and Yuba Counties a credit to their utility bill.  HEAP is available for customers of PG&E, SMUD, or those who heat their home using wood, propane, or oil purchased from a vendor.  Along with the utility credit, clients will also receive valuable information about energy conservation and practical tips on how to save energy and keep your utility bill at a manageable level.

#### Priority for HEAP services this year is given to applicants that meet the following criteria.

* Income qualified
* Have a high energy burden
* Has a resident in the household that is part of a vulnerable population (i.e. seniors over 60 years of age, disabled persons, and children under 5 years of age)

The amount of HEAP assistance is calculated based on household size, household income and the percentage of income spent on energy bills, known as the energy burden.