

# DURING THE DYING PROCESS

Call Mary 530 218 8804, Sonia 530 300 7997, Marina 530 632 0817 or Rowena 530 692 2000 if you have any questions. There is a blue hospice book ***‘GONE FROM MY SIGHT’*** which is useful to read.

Here are some guidelines for while you are in the house:

* Assist the family with anything they request.
* Do not wake our friend. Sit with him so he is not alone, maybe at a distance so not to take energy from him.
* If he is awake offer him a sip of water, adjust the covers if he seems hot, offer to put a cool cloth on his forehead or face. Offer to put lotion on his hands.
* Regarding medicines - communicate with the main caregiver.
	+ Medicines are in a particular area along with a log sheet. Morphine is there is he needs/wants it as well as meds for anxiety when patient is tossing in bed, short of breath or somewhat disoriented.

# IF DEATH OCCURS WHILE YOU ARE THERE

**When the last breath has been taken, do not call 911.**

It is a sacred time. BE there for a few minutes - there is nothing to do. Light a candle.

**If the friend was on hospice:**

* The family will call Hospice (530-749-3460). A nurse will come to fill out paperwork and contact the coroner and mortuary. We suggest: Lakeside Colonial Chapel & Crematory: 830 D St, Marysville, CA 95901. Tel. 530-749-9277.
* Decide if time will be given for friends to come and what time the mortuary is to come.
* The caregiver/transition helper will householder the room, put medicines into one place and remove other nursing items and supplies.
* When it is a reasonable hour - call Leonid, others on the list of friends and the Elysian Society (Rowena 530 692 2000) to notify the death.
* With the consent of the family, after the Hospice nurse has left, help the family destroy all remaining drugs.

**If the friend was not on hospice:**

* Have the family or if they prefer, you can call 911 to report the death. Do not touch anything. A sheriff, ambulance and other officers will come. They will contact the mortuary.