Barrow Neurological Institute

Speakers:

Anna Burke, MD
Medical Director
Barrow Alzheimer's and
Memory Disorders Program

Amy McLean, DNP
Nurse Practitioner

Register here

Barrow Alzheimer's and Memory Disorders Program

Demystifying Symptoms and Changes of Dementia: Ways to Help with Person-Centered Care

Distressed behavior is an attempt to communicate a need. Learning how to identify what causes distressed behavior and how to respond to this form of self-expression can lower the level of frustration for both the person with dementia and their care partner. Care partners are invited to attend our hybrid event and learn practical information on this crucial topic.

Dr. Anna Burke, MD is the medical director of the Alzheimer's and Memory Disorders Program at Barrow. She will provide an overview of common dementia-induced behavior changes and the limitations of medications to manage these behaviors.

Amy McLean, DNP the keynote speaker is a leader in the use of non-pharmacological approaches used to identify, manage and reduce underlying causes of common dementia-related behaviors. She will provide valuable insight into why behaviors occur and tips on how care partners can respond.

Friday, March 24, 2023

1 - 4 p.m. (Arizona time)
The hybrid event is hosted virtually via Zoom Webinar and live in-person at:
Sonntag Academic Pavilion | Barrow Neurological Institute
350 W. Thomas Road, Phoenix, AZ 85013

(See agenda on next page)

This Event is Free of Charge

Registration is required and must be completed by March 22, 2023.

If you have questions, contact DeDe Berry at (602) 406-5916 or Dorothy.Berry@DignityHealth.org.

Agenda

1 - 1:15 p.m.	Welcome Introductions
1:15 - 2:15 p.m.	**Dementia & Changing Behaviors** *Anna D. Burke, MD*
2:15 - 2:30 p.m.	Intermission
2:30 - 3:30 p.m.	**Demystifying Symptoms and Changes of Dementia: Ways to Help with Person-Centered Care** *Amy McLean, DNP*
3:30 - 3:55 p.m.	Q & A
3:55 - 4 p.m.	Adjourn

About Dr. McLean

Amy McLean, DNP, is a nurse practitioner in the Alzheimer's and Memory Disorders Program at Barrow Neurological Institute.

Dr. McLean's expertise includes the holistic care of people with memory disorders and support for their care partners. She specializes in diagnosing and treating patients with dementia and in facilitating conversations with patients and their care partners to provide education and guide families through evidence-based decision-making. She is a member of the American Academy of Neurology; the American Nurses Association; the Arizona Nurses Association; the Hospice and Palliative Nurses Association; the International Society to Advance Alzheimer's Research and Treatment; and the Honor Society of Nursing, Sigma Theta Tau International.

Dr. McLean earned her Doctor of Nursing Practice and her Master of Science in Nursing from Arizona State University in Tempe. She earned her Bachelor of Science in Nursing from Oregon Health & Science University in Portland.

Dr. McLean is an investigator helping with multiple clinical trials researching the prevention and improvement of treatment for Alzheimer's disease and other cognitive disorders.

About Dr. Burke

Anna D. Burke, MD, is the Karsten Solheim Chair for Dementia, and the director of neuropsychiatry at Barrow Neurological Institute. She specializes in geriatric psychiatry and is board certified in psychiatry with a subspecialty certification in geriatric psychiatry by the American Board of Psychiatry and Neurology.

Dr. Burke received her medical degree from Gdańsk Medical University. She completed her residency training in adult psychiatry at Hartford Hospital's Institute of Living before completing a geriatric psychiatry fellowship at McLean Hospital, the largest psychiatric teaching hospital of Harvard Medical School.

In addition to her clinical work, Dr. Burke has led numerous clinical trials of investigational drugs, neuromodulation, environmental modifications, prevention methods, and novel neuroimaging techniques for cognitively impaired patients with neurodegenerative disorders.